



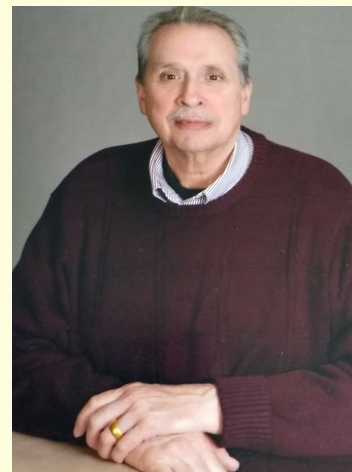
The Arc of Frederick County Recognizes State Award Winners

Each year, The Arc Maryland collaborates with local chapters to recognize individuals, groups, and communities whose contributions to the field of intellectual and developmental disabilities represent meritorious service or achievement and warrants special statewide recognition. The Arc would like to honor and congratulate Frederick County honorees.

Ilva Richardson – The Arc Maryland Community Professional of The Year. Ilva is a Frederick County Public Schools Teacher Specialist and Autism Waiver Program Manager. Ilva is being recognized for her long standing commitment to students in Frederick County with autism. Ilva has established partnerships which have served to expand and maximize autism waiver services while also creating and sustaining organized efforts to educate teachers about the importance of supporting children to get on the Autism Waiver Registry as early as possible. Ilva's work is a key component for supporting children with autism to live at home with their families.

Rose Froelich – The Arc of Frederick County Volunteer of The Year. Rose has been an incredible volunteer with The Arc during such an uncertain year. Rose is a psychology major and volunteered weekly as a part of her internship with Walla Walla University. She hosted engaging and educational zoom courses on farming for people served. Her work included coordinating knowledgeable guest speakers, resulting in high attendance during her sessions. This allowed The Arc to realize that guest speakers were desired as a part of zoom sessions and we were able to implement other experts in various zoom offerings we were hosting.

Eric Green – The Arc of Frederick County Direct Support Professional of the Year. Eric has been a dedicated direct support professional with The Arc of Frederick County for 18 years. Eric was located by the individual's family and referred to The Arc to work as a direct support professional. Through a partnership between The Arc and the family, Eric was hired, trained, and received ongoing support over the past 18 years as he developed a strong rapport with the individual and family and provided excellent care. Eric has spent 40 hours per week with this individual over almost two decades and through that time, has supported them through hardships as well as times of joy and celebration.



Annual Membership Meeting

The Annual Membership Meeting will be held on Monday, June 14, 2021 at 5:00 PM. At

this meeting there is a vote on the Board of Directors and on changes to the Bylaws and the Constitution. Because of COVID pandemic requirements, if you plan to attend, then you will need to RSVP by calling Shauna at 301-663-0909.

The Board of Directors has voted to approve the Board of Directors for the fiscal year starting July 1, 2021 as well as the Bylaws and Constitution changes. The Annual Membership Meeting is to affirm or veto these approvals by the Board.

Board of Directors:

Kathy Laky – President

Cindy Kopciak – Vice President

Duncan Barks – Secretary

Michael Shank – Treasurer

Wendy Andrews – Past President

Carol Debow

Grant Kelsey

Adriana Toro

Denny Weikert

The changes to the Constitution correct the names of The Arc Maryland and The Arc United States to their current names and capitalizes Association throughout, using the term Association to refer to The Arc of Frederick County. The changes also update the anti-discrimination language to reflect current law. It also now will refer to members as voting members.

The Bylaws of The Arc of Frederick County are being revised as above and additionally based on the increased flexibility that we realized was needed as we went through the pandemic. In addition, it extends current staff not being eligible to serve on the Board of Directors also so that former staff may not serve on the Board for five years. These flexibility changes are:

1. Board terms can be extended if needed.
 2. The second Vice President position is eliminated.
 3. Remote access to meetings is allowed.
 4. There is increased flexibility in meeting dates for the Board of Directors, the Executive Committee, and the Annual Meeting (specific days were required in the prior version of the bylaws).
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Bake-at-Home Chicken Parmesan & Lasagna Friday, June 4th



Family Size Chicken Parm- \$40.00

-serves 4-6 people. Served with family sized salad and Italian bread

Single Serving Chicken Parm- \$15.00

-includes 2 pieces of chicken

Family Sized Lasagna- \$35.00

-filled with ricotta cheese, mozzarella cheese, tomato sauce, Italian sausage and beef. Served with family sized salad and Italian bread.

Quart of House-made Sauce- \$5.00 Great for freezing!

Slice of Cheesecake- \$3.50

Order by Friday, May 28 at www.marciasbakery.com

Click Here to Order!

The Arc of Frederick County
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301-663-0909

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