

The Arc[®]

of Frederick County

The Link

May 2023

Resuming Programming

The Arc of Frederick County has been very busy lately with bringing programs back! Our Parents' Day Out (PDO) program has had two successful sessions since resuming in February. Support Coordinators from The Arc partnered with volunteers to provide free respite care to children with disabilities and their siblings, ages 5-14. The children had a lot of fun playing games and doing crafts together, while their caregivers were able to go out for a well-deserved break, knowing their children are in good hands. The next session of PDO will be held on June 10th, with subsequent sessions occurring the second Saturday of every other month. [Click here for more info on our PDO program.](#)



We are also excited to be bringing back SibShops, a free workshop series for kids ages 8-13 who are the siblings of individuals with developmental disabilities. The children will be able to engage in fun activities, eat snacks, and learn and share meaningful experiences related to having a sibling with a developmental disability. Our first SibShops session will be held June 24th, with following sessions on the last Saturday of each month, culminating in a winter party. [Click here for more info on our SibShops program.](#)

The Arc is delighted to offer both of these programs again in order to provide children with developmental disabilities and their siblings to grow and thrive in a safe, inclusive, and positive environment!

Hiring For Coaches

The Arc of Frederick County is seeking compassionate, creative, and dependable people who are interested in a part-time job opportunity as direct support Coaches. Coaches help people where they live or work or while participating in activities in our community. The position offers great pay and flexible hours in our Frederick County and Allegany County locations. You must have your own vehicle, a clear background check, and a clear driving record.

If you think you could be a good fit for this position, [please click here to fill out our online application!](#)

Upcoming Events

Annual Membership Meeting & Board Announcement

The Arc of Frederick County will be holding a membership meeting on Monday, June 12th at 5:00 PM at The Arc at Market Street. The proposed Board of Directors for FY 24 is as follows:

FY 2024 Board of Directors

Adriana Toro – President

Wendy Andrews – Vice President

Cindy Kopciak – Secretary

Duncan Barks – Treasurer

Kathy Laky – Past President

Carol Debow

Shawn Dennison

Greta Harrison

Grant Kelsey

Denny Weikert

Please RSVP to Maia Carlisle at mcarlisle@arcfc.org if you plan on attending.

June Food Sale

Our next food sale will take place June 2nd. Grab a delicious barbecue dinner complete with sides, then finish it off with some sweet and summery blueberry pie! Place your orders to pick up at marciasbakery.com.

June Sale

Pulled Pork BBQ

slow roasted, apple smoked pork with house
made bbq sauce, creamy coleslaw and a side of
pasta salad

\$16

Blueberry Pie

available by the slice or whole
whole pies available frozen or baked

\$4 / \$15

FRIDAY, JUNE 2ND
marciasbakery.com

555 South Market Street
PICKUP 11AM-4PM

The Arc of Frederick County
620-A Research Court
Frederick, MD 21703
301-663-0909
www.arcfc.org

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