

The Arc[®]

of Frederick County

The Link

May/June 2025

Community FUNdraising

We've had the pleasure of partnering with many local business and organizations throughout the years for all sorts of collaborations. Recently, we've had two particularly delicious and lively fundraising efforts with Mayta's Peruvian Cuisine restaurant and the Frederick Flying Cows basketball team.

Mayta's Peruvian Cuisine helped to spice up our April with their authentic Peruvian dishes like lomo saltado and ceviche. In honor of Autism Acceptance Month, Mayta's Peruvian Cuisine generously donated 10% of their profits to us on April 23rd. Some people we support and staff met up for lunch that day to get a taste of their specialties while supporting our mission.



We were **MOO**ving and grooving with the Frederick



Flying Cows basketball team as the Nonprofit of the Game on May 9th. The Flying Cows vanquished the Virginia Valley Vipers and, in a slam dunk com**MOO**nal effort, raised over \$700 on our behalf. Talk about legen**DAIRY**!

We always love sharing opportunities to connect with our amazing community, to promote inclusivity, and to advocate for people with disabilities. When we come together, we truly thrive!

Ask The Arc

The Arc of Frederick County provides Information and Referral Services to connect families, individuals, and vested community members with an Arc Support Coordinator who will provide navigation services to link to community resources, help with problem solving, offer educational advocacy, assist with Future Planning, and answer questions with kindness and knowledge. As you may have already seen, we have been publishing answers to some of our most commonly asked questions as Ask The Arc articles featured in BeLocal magazine and on our website.

Our latest article focuses on how we are funded through state and federal government programs and how their operations intertwine with the other state- and federally-funded programs that can provide additional support to people with disabilities.

[Read Our Latest Article](#)

[Check Out All Articles](#)

Upcoming Events

Annual Membership Meeting & Board Announcement

The Arc of Frederick County will be holding a membership meeting on Monday, June 16th at 5:00 PM at The Arc at Market Street. The proposed Board of Directors for FY 26 is as follows:

FY 2026 Board of Directors

Greta Harrison – President

Adriana Toro – Vice President

Kathy Laky – Secretary

Duncan Barks – Treasurer

Carol Debow

Cindy Kopciak
Denny Weikert
Grant Kelsey
Mark Randolph
Shawn Dennison
Wendy Andrews

Please RSVP to Maia Carlisle at mcarlisle@arcfc.org if you plan on attending.

June Food Sale

Prep for a picnic or a patio party with our savory, summery menu! Our June food sale includes BBQ pulled pork, classic sides of pasta salad and coleslaw, and blueberry pie for a sweet treat. Place your orders at marciasbakery.com by June 6th for pickup on Friday, June 13th.

MARCIA'S BAKERY

 www.marciaskbakery.com

JUNE SALE

MAIN

Pulled Pork BBQ

\$20.00 qt

SIDES

Seasonal Pasta Salad-

\$7.00qt

Fresh Veggies, Vinaigrette, Cavatappi Pasta, Parmesan Cheese

Creamy Coleslaw

\$6.00 qt

DESSERT

Blueberry Pie

\$15 Whole



**Pick Up June 13th
11AM - 4PM**

555 South Market Street, Frederick, MD 21701

The Arc of Frederick County
620-A Research Court
Frederick, MD 21703
301-663-0909
www.arcfc.org

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

620A Research Court
Frederick, MD | 21703 US

This email was sent to .

To continue receiving our emails, add us to your address book.

[Subscribe](#) to our email list.