

# STUDENT TIMELINE FOR TRANSITION

## Age 14 (or younger if appropriate)

- Apply to the Developmental Disabilities Administration (DDA)

*If you have a developmental disability, you may be eligible for services through DDA. You may contact any of the following agencies for more information:*

*Developmental Disabilities Administration: 301-791-4670 [www.ddamaryland.org](http://www.ddamaryland.org)*

*Service Coordination, Inc.: 301-663-8044 [www.servicecoordinationinc.org](http://www.servicecoordinationinc.org)*

*The Arc of Frederick County: 301-663-0909 [www.arcfc.org](http://www.arcfc.org)*

- Learn about your disability  
*Identify your strengths/abilities and limitations/challenges*
  - Begin to self-advocate
    - ✓ Participate in your IEP Meeting
    - ✓ Identify your accommodations
    - ✓ Identify your goals and the skills needed to obtain those goals
  - Begin to develop your interests, desires, and goals
  - Prepare to assist in the development of your transition plan
    - ✓ Strengths, needs, and interests
    - ✓ Post-school outcomes
    - ✓ Course of study
- Visit The Arc of Frederick County website for a free download of Hope's Ingredients, a training tool to help students plan for their future.  
<http://www.arcfc.org/services/HopesIngredients.htm>

## Age 16

- Apply to the Division of Rehabilitative Services (DORS) 301-600-3075  
[www.dors.state.md.us](http://www.dors.state.md.us)  
*If exiting school at age 18 and in need of a career assessment of employment services, apply to DORS. Invite DORS to your IEP Meeting.*
- Begin planning for future needs
  - Working Together Advocacy Group: Contact Valerie Todd at The Arc of Frederick County 301-663-0909 ext 144 or Doug Silvern at Service Coordination 301-663-8044
  - Challenger Civitan Karaoke: Contact Camille Kime 301-639-5844

- So Fun Fridays: Contact Frederick County Parks and Recreation 301-600-2936
- TY Social Group: Contact Karen Wiese at The Arc of Frederick County 301-663-0909 ext 119

### **Age 18**

- Apply for Supplemental Security Income (SSI)  
*At age 18, you are considered an adult and can apply for SSI independent of family.*  
*Employed students should inquire about SSI work incentive programs: 301-682-6765*  
[www.ssa.gov](http://www.ssa.gov)

### **Age 19-21**

- *Attend Service Coordination Provider Fair*
- *Explore/Tour/Interview and discuss various DDA Adult Provider Agencies*
- *Continue to meet with your Service Coordinator*
- *Choose agency to provide Adult Services*

# **PARENT AND STUDENT TIMELINE FOR TRANSITIONING YOUTH SERVICE**

## **9<sup>th</sup> Grade**

- If an application to the Developmental Disabilities Administration has not been made, now is the time to do so. An application should be made as soon as your child is diagnosed with a significant disability. For information, or to confirm that your child has been found eligible for services from DDA, call Service Coordination at 301-663-8044 or DDA at 301-791-4670/1-888-791-0193
- Review the IEP; discuss any concerns with the Special Education Case Manager. The IEP should now include a transition plan with a started outcome and transition activities. Encourage your child to find activities, work or volunteer experiences help them explore their interest and abilities
- Encourage your child to access school services and supports for as long as they are eligible (up to age 21) or until they meet graduation requirements
- Social Security benefits are based on income and level of disability. If you think your student may qualify prior to age 18, contact the Social Security office for more information
- Request a contact with local CASS office or your school to get help completing applications

## **10<sup>th</sup> Grade**

- Attend the IEP meetings as transition plans will be discussed, and changes can be made to reflect the changing needs of your child
- Submit an application to the Division of Rehabilitation Services (301-600-3078) vocational evaluations and supports
- Review the proposed long-term schedule of classes for your child and consider a work study program (including volunteer work) to increase the practical work experiences your child is exploring
- Prior to age 18, you may want to consult with an attorney about developing a plan for your child's future including a special needs trust, living arrangements, and other assets that could affect their eligibility for benefits
- Begin looking at some of the post secondary vocational programs in our county and ask for information on others. It would be helpful to visit some of these programs to determine how they could serve your child after graduation from High School, and what skills your child may need to develop

## **11<sup>th</sup> Grade**

**If your child is exiting the school system prior to age 21, be sure to check with DORS and DDA to determine if any updated evaluations are needed; they should be done during the year prior to exit (DDA 301-791-4670; DORS 301-631-3075).**

- At age 18 apply for Social Security Benefits: 1-866-331-7089, 5340 Spectrum Drive Suite N, Frederick, MD 21703
- When calling for an appointment at Social Security, be sure to ask for a list of documents and financial information you will need to bring with you. **BE SURE YOU TAKE YOUR CHILD WITH YOU TO THE APPOINTMENT**
- If your child is receiving Mental Health services, such as counseling, medications, psychiatric visits, etc, please discuss with the Mental Health Provider what needs to be done to continue services after age 18, as there may be a change in insurance coverage for your child
- Plan to attend the Transition Fair with your child in the early spring to gather more information about adult service agencies, career development, post secondary education and planning after graduation (ask child's school about dates)
- Be sure that the school has permission to share information with other service providers. There may be many other agencies that need to be part of the team supporting your after-graduation plans
- Help your child create a list of people he/she can go to for help, such as neighbor if they forget their keys, job coach for problems at work, contact names at any community agency, etc
- Make some connections with friends for recreation and social events that continue after school
- Review the list of adult vocational providers you and your child are interested in, and discuss the placement decision with your Special Education case manager. If your student is remaining in school services until age 21, discuss where the 18-21 placements should be

## **12<sup>th</sup> Grade**

- Call CASS to discuss community benefits your child may be eligible for, for example, food stamps, medical assistance, temporary cash assistance, etc (CASS 240-236-8929)
- If your child is participating in a work study program, discuss post graduation transportation needs to make sure this job can continue after graduation

- At age 19 or after Social Security Benefits have begun, consider applying for Section 8 housing. There can be a very long waiting period for Section 8 benefits (up to two years or more). Frederick County Section 8, 301-600-1061 and Frederick City Section 8, 301-662-8173
- If your child does not qualify for Transitioning Youth Services from the Developmental Disabilities Administration, DORS may still be able to assist
- Prior to annual IEP meeting, check with Special Education Case Manager to clarify who has been invited to the meeting. As a parent you may invite the adult service provider you have chosen and any significant medical providers. Be sure the DORS representative and DDA Service Coordinator have been invited

If the student does not qualify for the Transitioning Youth Services, and does not choose post secondary education, they may want to contact the Frederick County Business and Employment Center at 301-694-1862 in addition to DORS. You may still want to consider applying for some of the available benefits (SSA, etc)