#### **Endowment Edition**

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www.arcfc.org

#### **Mission Statement**

The Arc of Frederick County provides advocacy, access to resources, and assistance in increasing individual and family connections for people with developmental disabilities. The organization seeks creative solutions







For any questions, contact:

Jean Doyle <u>jdoyle@arcfc.org</u> 301-663-0909 ext 115

Anjela McNally
<u>amcnally@arcfc.org</u>
301-663-0909 ext 153





# Show Choir Competition 2014

#### Friday, April 25, 2014 @ 7:00 pm Doors Open at 6:00 pm

Tuscarora High School 5312 Ballenger Creek Pike, Frederick

Audience members will vote for their favorite school by purchasing voting tickets during the performance. Admission: All tickets are \$5.00 when purchased in advance. When purchased at the door, tickets are \$10.00 for adults and \$5.00 for students.

All proceeds benefit The Arc of Frederick County.

Visit www.arcfc.org for more information.



# The Arc of Frederick County ENDOWMENT EDITION



VOLUME 4 ISSUE 9 APRIL 2014

# **Getting Through the Planning Process**

Getting families to commit to completing their planning process is seldom easy. It is an intense process, requiring families to think about what the future is going to bring to a son or daughter when their mom and dad aren't around to provide the love and support that individual depends on so much. We try to let people know that we can help them through each step of the process, but it is still overwhelming for many.

Last week, when I coordinated an information session with Ms. Tia Marsili, Trust Director from The Arc of Northern Virginia's Pooled Trust program, I was reminded again how difficult it is for families to commit to the process. Five families attended the evening session. In answer to a question from Tia, one participant admitted that this was the third Futures & Estate Planning presentation she had attended; two other participants said that this was the second Futures & Estate Planning presentation they had attended. And, as of last night, these families were still gathering information; they are not yet ready to move forward with concrete plans!

Yet these families are anxious and unsure of what the future is going to mean for their son or daughter. They want to get a plan settled and feel that they are going to provide the best possible future life for their child. Through the support of the Endowment Fund, The Arc is able to continue to provide information to families and provide reassurance that they won't have to navigate these confusing decisions on their own. Anjela and I can call and encourage families to start their planning process. Sometimes it does take years to move someone forward; sometimes a family will complete the process is a matter of weeks. As long as we can continue to get families to think about their need to plan for their child's future needs, we know we are starting the planning process.

One success we want to share is with a mother who is now in her nineties. Her daughter has a deteriorating condition, and her need for supports to remain living in the community is increasing. This mother has had a Will written and established a Special Needs Trust many years ago. She has Power of Attorney for both financial management and healthcare decisions. When we met with her she confessed that her Financial Planner was begging her to complete a Letter of Intent. The planner knew that the daughter's Trustees would need that direction to be able to spend the money in the Special Needs Trust as the mother and the daughter would want. The daughter is no longer able to express her needs adequately. The Trustees are going to need that guidance from the mother.

We are having our third session with the mother, and we are getting that Letter of Intent completed. The Trustees are going to have the mother's vision for what her daughter's life can be. She is going to be able to express what she sees as the ideal way her daughter can live out her life. And, most importantly, she is going to be able to express what she knows her daughter would choose for her future.



Thank you to our
Endowment
Planning
Committee for
their outstanding
support to
The Arc and
the Frederick
community.

Ken Bromfield

Josh Brooks

George T. Horman

Clayton Minnick
Jacob R. Ramsburg,
Jr.

and

**Bev Shelton** 



-Jean Doyle

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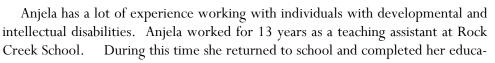
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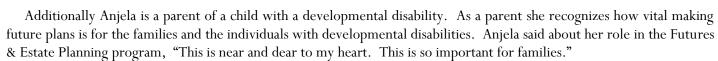
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#### Welcome Anjela!

I would like to take this opportunity to introduce the newest member of the Futures & Estate Planning Program. Anjela McNally began working at The Arc in October; she will be splitting her hours between working on the Futures & Estate Planning Program and working with individuals and families as an Individual Support Coordinator.



tion at Mt. St. Mary's University, receiving a degree in special education/general education.



Anjela is going to be spending her time doing community presentations about Futures & Estate Planning, and working with individual families to help them complete the Letter of Intent. Give her a call if you want to start to work on your family's future plans.

Anjela McNally 301-663-0909 extension 153 amcnally@arcfc.org

#### Special Thanks to Elder Services Provider Council

The Arc of Frederick County would like to thank the Elder Services Provider Council for awarding a grant so The Arc can focus on providing services to individuals and families in the Northern and Southern part of Frederick County. Representatives from The Arc will let families know what kinds of services we can offer to their children. Information will be provided to show how The Arc actively works with families to assist them. The Arc of Frederick County is excited to partner with the Elder Services Provider Council to help us reach out into different communities and networks to offer Futures & Estate services.

#### **Events**

#### April 4

19th Annual Transitioning Youth Fair at Frederick Community College, 8 am—1 pm. Jean and Anjela will be there presenting on Futures & Estate Planning.

#### April 11

Futures & Estate Planning Brunch and Meeting for parents of adult children, 10 am-12noon at the Thurmont Regional Library. RSVP by April 7 to Jean Doyle at 301-663-0909 ext 115.

