



The Arc of Frederick county, provides individually designed support services and collaborates with the community to build inclusive programs for adults and children with developmental disabilities.

Founded by parents in 1958 because community programs for children and adults with developmental disabilities did not exist, The Arc continues to provide advocacy efforts and the creation of new services for families today. The Arc of Frederick County supports more than 600 people each year.

Programs and Services Provided by The Arc include...

- **Information and Referral Services** for anyone who contacts The Arc and needs connections to community resources.
- **Residential Supports** for children and adults in their family's home, their own home, and to learn the skills to transition to their own home.
- **Employment Supports** for adults and transitioning youth students to locate careers based on their passions, talents, and personal interests.
- **Autism Waiver Service Coordination**
- **Hispanic Outreach**
- **Education Advocacy** for school age children and assistance with seamless transitions to the adult world.
- **Job Training Programs** for people to learn skills to locate jobs in the Baking, Catering, and Janitorial workforce.
- **Futures and Estate Planning** to help parents plan for their son/daughter needs including where they will live when parents are no longer around to help.
- **Sibling Supports** for brothers and sisters of children and adults with developmental disabilities.
- **Support Groups** for self-advocates and for families.
- **Parents' Day Out** respite for children and their siblings.
- **Classes** at Frederick Community College, and Delaplaine Visual Arts Center, among others.
- **Volunteer Opportunities** for people of all ages.
- **Day Program Services** for people to choose meaningful ways to be included in their communities while maintaining and learning new skills.

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