

The Arc of Frederick County

Annual Report FY 2022

(July 1, 2021—June 30, 2022)



The Arc
of Frederick County

FY 2022—The Year in Review



This cohesive, collaborative model is what has worked to support children and adults for more than 60 years. Self-determination does not mean that individuals and families need to do everything themselves. The responsibility of supporting people with disabilities is a shared experience in Frederick. Each community member plays an important piece in making inclusion work. The Arc is the bridge connecting many pieces together for the future of the entire community.

The Arc of Frederick County works together with each person and family we support so that people have a partner and are not alone as they navigate through community resources. Frederick County is known for its storied past, but also for what is to come. Just as Frederick boasts a "Rich History, Bright Future", the same can be said for the impact The Arc has had on the Frederick Community.



The Arc is the cornerstone on which many services for people with developmental disabilities and their families was built upon. From The Arc's founding members advocating for education a school for children with disabilities, to being pioneers of the establishment of meaningful day and employment services, to creating the original model of self-directed services in Maryland, The Arc has been able to do this by blending two major key components - people served and an agency that supports and stands in partnership with them.

Continuous Care from Support Coordinators

The Arc is the only agency in Frederick County that serves individuals with developmental disabilities throughout their entire lifespan. For example, families are often referred to The Arc when they first learn that their child has a developmental disability. Support Coordinators can then partner with that family to assist them with navigating various services, including promoting inclusion in the classroom, participating in after-school and recreational programs, and transitioning from public education to the adult world.

The Arc of Frederick County was established so parents of children with disabilities, their siblings, and adults with developmental disabilities were never alone as they created, maintained, and trusted the extended community to include people in all the wonderful experiences Frederick County offers.

Adults receive support from The Arc to live successfully in their community. Areas of intense focus include: job development and employment, attending college, accessing affordable housing, receiving in-home and community residential and job coaching, accessing medical care, and connecting to available resources and benefits.

The Arc's long-standing history, advocacy, and creation of services allows the agency to successfully partner with the Frederick community to support people with developmental disabilities and their families.



Students and Families are Not Alone

The Arc provides educational advocacy to support student with developmental disabilities to attend school with the necessary accommodations they need to be successful. Support Coordinators assist families and educators develop an educational pathway for each student and provide navigation supports as they prepare to and exit the school system. Highlights of recent accomplishments include supporting families to remain intact through coordinating services through The Autism Waiver, establishing a year long partnership so transitioning youth students at each high school could explore Culinary Arts as a career option, connecting Fredrick County Public Schools to resources to promote positive behavioral supports.

A Proactive Plan is Made for When Primary Caregivers Pass the Torch

Futures and Estate is not an intimidating process when you have a friendly, caring Support Coordinator partner with each family. The Arc's clinical knowledge and expertise demystifies this process as connections are made to lawyers for wills, alternatives to guardianship are established, special needs trust and Able accounts are set up, and personalized Letters of Intent are written so that security about your loved one's future is mapped out for the team of next caregivers to follow and honor.

Self-Advocacy with Support

Individual empowerment and a collective advocacy voice is crucial for fulfilling individual dreams and protecting existing, and advocating for additional, resources and supports. The Arc's services are in-line with state visions for Employment First as well as meeting the Federal Final Rule Settings. These important models of best practices in service delivery are fulfilled and provides a trajectory for the Frederick community to move forward in terms of public education, employment, access to higher education, and supports for people to live in homes of their choice with their partners, friends, and family.





Employment with a Partner for the Person and Business Community

The Arc of Frederick County supports transitioning youth students and adults to locate meaningful, competitive employment so that they can earn a paycheck that sustains a meaningful life in their communities. By partnering with a Support Coordinator, people served are supported to incorporate their passions, talents, and interests into their career choices.

Support Coordinators from The Arc of Frederick County have completed Virginia Commonwealth University's Supported Employment Certificate Series and are trained and certified in the discovery process, including conducting effective home visits, person-centered planning meetings, community-based experiences and job trials, and developing a Discovery Profile that can lead to individualized Job Development. Staff are credentialed as Certified Employment Support Professionals and are trained to benefit the person served and to be an ongoing support to local businesses.

Services in Spanish

The growing Spanish speaking community in Frederick is connected together through supports coordinated with attention to cultural competency and language. School advocacy, benefits navigation, transition and futures planning, employment, and community and home supports are provided in Spanish to limit barriers and so people and families are not alone as they create teams of caring support in partnership with a Support Coordinator.



We thank all of our members and donors for helping us continue our work to support people with intellectual and developmental disabilities and their families during FY 2022.

\$20,000 and above

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Michael Glick
Michael Shank
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Phyllis Schwartz
Sharon and Dan Kuebbing
Shauna Mulcahy
Tina Barks
William E. Cross Foundation Inc.



Memorial Donations

In FY 2022, donations were made in memory of

Angie Brosius

Donna Coufal

Bill and Mari Beth
Schmersahl

Kristine Colby

Jill Sullivan

Judith Furie

Maureen Sweeney

Shauna Mulcahy

Henri Kopciak

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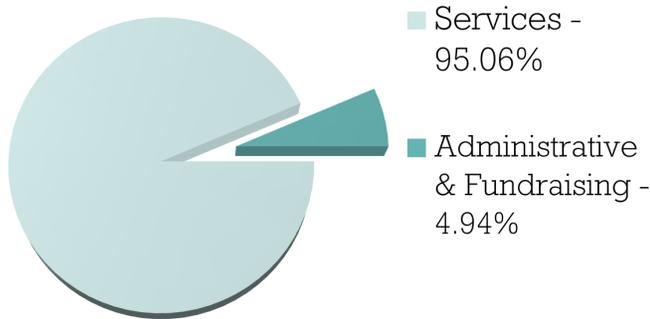
Shauna Mulcahy



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FY 2022



This information is summarized from The Arc of Frederick County's fiscal year 2022 audit. The complete audit is available for review at The Arc's office and also at Mullen, Sondberg, Wimbish, and Stone, P.A.

Charitable Income:

Contributions	\$ 206,618
Special Events	<u> -</u>

Total Charitable Income	\$ 206,618
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Government Revenue:

MD State	\$ 9,391,513
Frederick County Schools	\$ 166,200
Frederick County	<u>20,000</u>

Total Government Revenue	\$ 9,577,713
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Expenses:

Personnel	\$ 7,461,013
Purchase of Services	76,264
Other Operating Expenses	988,510
Equipment Acquisition	<u>52,025</u>

Total	\$ 8,577,812
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The Arc of Frederick County

620-A Research Court
Frederick, MD 21703
301-663-0909
www.arcfc.org

Executive Director

Shauna Mulcahy

FY 2022 Board of Directors

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Mission Statement

The Arc of Frederick County helps people with developmental disabilities to live enviable lives. Enviable lives are the lives we all lead, filled with purpose and meaning, and with friends and family. This is accomplished by providing services, advocacy, and creating supportive communities.

Community Involvement

The Arc is proud to make a positive impact as we serve Frederick County, the State of Maryland, and national movements through work on these highlighted committees: Frederick County Special Education Citizens Advisory Committee, Frederick Interagency Childhood Committee, Frederick County Transition Council, The Arc of Maryland Legislative Committee, Frederick County Reverse Job Fair Committee, Frederick County Commission for Women, and AAIDD Community Interest Network.