

INFORMATION FOR INDIVIDUALS AND FAMILIES

Applying for Services Through the Developmental Disabilities Administration

ADDITIONAL RESOURCES

For general information on DDA and the waivers, waitlists, and other questions you may have, go to <https://dda.health.maryland.gov/Pages/home.aspx>

For more information on topics discussed in this fact sheet, contact:
The Arc of Frederick County
Phone: 301-663-0909
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620-A Research Court
Frederick, MD 21703

Do not let long applications and acronyms overwhelm you. Applying for services through the Developmental Disabilities Administration (DDA) can be a stressful process. The Arc of Frederick County can provide you with some helpful tips and support.

It is important to keep in mind how DDA defines a disability. To be eligible for services from DDA, you must have a disability which keeps you from meeting your daily activities independently and meet specific criteria such as:

- The person has a physical or intellectual impairment
- It will probably continue through someone's entire life span
- It started before the person turned 22 years old
- The person needs supports or assistance to live independently
- The person needs the supports of a team to help with services and treatments

For the DDA application, you will need to submit the following items with the application:

- Copy of Social Security Card
- Copy of Medical Assistance Card, if applicable
- Copy of IEP from school
- Any assessments that have been completed in school; educational, psychological, speech and language, physical therapy, occupational therapy, adaptive PE, ACT team, Behavioral Intervention Plan.
- Any doctor documentation stating the need and diagnosis of the applicant

If you do not have DDA services, you may qualify for Low Intensity Support Services (LISS) through DDA. This can be used for services or approved items that can enhance your quality of life. Find more information, the application, and a guide to filling out the application at <https://dda.health.maryland.gov/Pages/home.aspx>

DDA Application, English - 10 page application
https://dda.health.maryland.gov/Documents/dda_ea_application_updated.pdf

DDA Application, Spanish - 10 page application
https://dda.health.maryland.gov/Pages/Developments/2015/Application%20maryland%20revision%206_save%20form.pdf

These Fact Sheets are designed to provide general information only and are not designed to substitute for the assistance of a Support Coordinator.