



FY 2015 Annual Report (July 1, 2014—June 30, 2015)

The Arc of Frederick County, Inc.
620-A Research Court
Frederick, Maryland 21703
301-663-0909 www.arcfc.org

Creating enviable lives for individuals with developmental disabilities



A word from our President:

The Arc of Frederick County has had a busy year of cementing dreams into the renovations at 555 South Market Street. When the services at the Jeanne Bussard building suddenly stopped 3 years ago, The Arc stood firm with the Frederick community to advocate that the building's original intent, to serve people with intellectual and developmental disabilities, would continue to be honored.

Incorporating the community's desire to preserve local supports, The Arc fashioned a plan to creatively, economically, and practically renovate the existing building to serve as a place to bring community together. This process of renovations has been intentionally detail-focused so that all members of the community will benefit from the final unveiling.

Preparing for new services was just one aspect of The Arc's work this past year. The Arc has continued our ongoing efforts to create better lives for people with developmental disabilities and their families. Support Coordinators continue to partner with the people and families we serve by asking them what they want and then helping to make this happen.

From serving as an entry point of education for families who learn that their child has been diagnosed with a disability, to supporting children to attend school and extra-curricular activities, to helping students and adults obtain and maintain employment, housing, benefits, and social connections, to helping families plan for when a primary caregiver will no longer be there, Support Coordinators from The Arc of Frederick County serve as constant allies to people served.

As we grow, The Arc's partnership the Frederick community will continue to strengthen. With renovations nearly completed, the beginning is now in sight.

Michael Shank
President



Individual and Systems Impact in Fiscal Year 2015

The Arc at Market Street began serving people by offering Job Training in our Gluten-Free Bakery, Catering Kitchen, and Janitorial Programs. In the Day Program, people with significant disabilities began participating in engaging activities to work on learning skills, maintaining their health, and participating in community activities. Social activities were hosted to support people with disabilities.



Futures and Estate Planning supports were provided to 67 families. In addition to the direct assistance of helping connect these families with lawyers to create special needs and pooled trusts and helping families to develop a comprehensive future plan and letter of intent, Support Coordinators also facilitated presentations throughout the community.

A variety of Support Groups are facilitated by The Arc to assist people with similar experiences to receive information, connect to resources, and establish friendships. A parent support group, a Spanish language parent support group, and a support group for people who have brain injuries are led by Support Coordinators.

A young man was supported by his Support Coordinator to land his dream job at Buffalo Wild Wings. This gentleman is busy working four days a week. The management team at Buffalo Wild Wings describes him as "part of the family."

Beyond Comics, a gaming and comic book retail store, worked with The Arc to create Fans United, a weekly group to discuss all things gaming in a welcoming atmosphere.

One couple served is planning their upcoming nuptials with assistance from their Support Coordinator. They take part in The Arc's Healthy Relationship Class and receive support for their plans from their family, friends, and co-workers.

One woman whose disabilities were complicated by a recent diagnosis of diabetes needed additional support to continue to live in her own apartment. Her Support Coordinator worked with her volunteer representative payee to incorporate budgeting for a medication dispenser that helped alleviate confusion when it came to new medications. This woman was connected with resources for senior citizens as well as additional volunteers through The Arc so that she could remain in her own home.



Technology helped one gentleman we serve learn new skills. Using an iPad as a resource, this man was able to learn how to successfully grow a vegetable garden for the first time. This practical skill provided food for his family while also helping him maintain more of his monthly income through a reduced grocery bill. The seeds from this year's bounty will be his resource for the next year.

The Arc worked with Frederick Community College and the Career and Tech Center to provide a cooking class. Students' skills were used at their places of employment as well as their homes.



The Arc reached out to faith communities all over Frederick and invited representatives to join us to view webinars on faith and disability and discuss ways that we can help to facilitate connections in the Frederick faith community for people we support.

Valuing communities, The Arc works to influence both local and state-wide systems to advocate for people with developmental disabilities and their families. The Arc has representation on the Maryland Commission for Effective Community Inclusion of Individuals with Intellectual and Developmental Disabilities, The Developmental Disabilities Quality Advisory Council, The Arc of Maryland Governmental Affairs Committee, Employment First Roundtable, Latino Festival Planning Committee, and the Special Education Citizen's Advisory Committee, among other groups. The Arc's participation on these groups supports the inclusion of people with developmental disabilities in their communities as well as access to needed resources.

Founded by volunteers, The Arc appreciates our current volunteers as they help us create and expand services for people with developmental disabilities. More than 3,200 hours of volunteer assistance were contributed to The Arc during fiscal year 2015. The number of one-to-one connections we have been able to facilitate has increased. This supports people served to access new parts of the Frederick community, meet new friends, and learn new skills. We have developed new partnerships with local businesses and corporations to complete a variety of group projects and make individual connections for people we serve.



**We thank all of our members and donors for helping us continue
our work to support people with intellectual and developmental
disabilities and their families during FY 2015 (July 1, 2014—June 30, 2015).**

\$50,000 and above

The Holly Hale Palmer Memorial Fund

\$25,000-\$49,999

The H.B. and Thelma Duvall Fund

\$5,000—\$10,000

Autism Artreach

William E. Cross Foundation, Inc.

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\$2,000-\$4,999

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Memorial Donations

**In FY 2015,
 donations were made
 in memory of:**

***Virginia Fifer
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 John Patrick Glynn
 Adelaide McGovern
 Bill Messner
 Anne Stockman
 Darryl Stup
 Kenneth Sword, Sr.
 Nancy Toy
 Donald "Scotty" Wachter***



Carol is determined to learn to read, and a volunteer tutor is there to help.

Endowment Fund Donors—FY 2015

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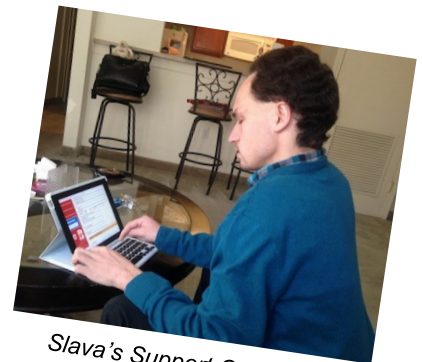
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Students from Mount St. Mary's joined individuals served by The Arc on a hike in a nearby park. Fun for all!



Slava's Support Coordinator provided assistance to complete this online job application.

The Arc of Frederick County

Annual Report FY 2015 (July 2, 2014—June 30, 2015)

Charitable Income:

Contributions	\$ 143,955
Special Events	<u>23,986</u>

Total Charitable Income **\$ 167,941**

Interest Income **\$ 163**

Total Charitable Income and Interest **\$ 168,103**

Government Revenue:

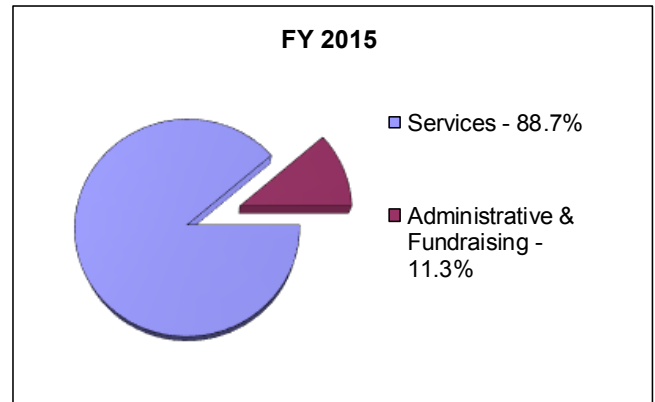
MD State	\$ 4,986,487
Frederick County Schools	<u>166,150</u>

Total Government Revenue **\$ 5,152,637**

Expenses:

Personnel	\$ 4,258,410
Purchase of Services	313,855
Occupancy	247,394
Other Operating Expenses	394,137
Equipment Acquisition	<u>8,582</u>

Total **\$ 5,222,378**



This information is summarized from The Arc of Frederick County's fiscal year 2015 audit. The complete audit is available for review at The Arc's office and also at Mullen, Sondberg, Wimbish, and Stone, P.A.

FY 2015 Board of Directors**Officers:**

Michael Shank—*President*
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 Emily Bizzarri—*Treasurer*
 Cindy Kopciak—*Past President*

Directors:

Wendy Andrews
 Carol Debow
 Liliana Galvan
 Grant Kelsey
 Adriana Toro

**Mission Statement:**

The Arc of Frederick County provides advocacy, access to resources, and assistance in increasing individual and family connections for people with developmental disabilities. The organization seeks creative solutions to help people with developmental disabilities attain their goals.

Joanna Pierson—Executive Director
 Aaron Stephens—Deputy Director
 Matt Morgan — Associate Executive Director
 Shauna Mulcahy—Development Director

