

## Futures & Estate Planning

### 2016 Workshop Series

#### The Arc of Frederick County

*Founded by parents in 1958 because community programs for children and adults with developmental disabilities did not exist, The Arc continues to provide advocacy efforts and the creation of new services for families.*

**Futures and Estate Planning** is one of the services provided by The Arc.. The service helps parents plan for their child's future. The Arc offers education, guidelines and resources to families to support them in the process of planning for their child's future.



555 S. Market St., Frederick, MD 21701  
301-663-0909 [www.arcfc.org](http://www.arcfc.org)



Contact  
Jean Doyle @ 301-663-0909 x 115  
OR  
Anjela McNally @ 301-663-0909 x 153

# 2016 Future Planning Workshops

## Transitioning Youth and Future Planning

### *Suggested Steps and Timeline*

**Tuesday, March 15**

(Snow Date 3/22)

**6:30-7:30 PM**

Planning for your child's future and transitioning from the education world can be overwhelming. In this workshop, participants will get the timelines and steps to make their child's transition and future planning as easy as possible.

## Letter of Intent

### *A letter from your heart*

**Tuesday, April 12**

**6:30-7:30 PM**

A Letter of Intent is your opportunity to tell how you would like your child with a disability to be loved and cared for when you are no longer able to provide support. It is a map of hope for your child and a summary of things you have learned over the years.

Participants in this workshop will learn how to use this tool to plan for their child's future.

## Financial Planning

### *Gain a better understanding of the financial planning process*

**Tuesday, May 10**

**6:30-7:30 PM**

Making financial arrangements for your child is an important part of planning for their future. Financial planning is not just an option for wealthy families, small steps in financial management can make a difference in enhancing your child's future quality of life. This workshop will cover Social Security Benefits (SSI), Special Needs Trusts, Wills, government benefits, and the ABLE Act.

## Health Care Decisions

### *Making sense of it all*

**Tuesday, June 14**

**6:30-7:30 PM**

Alternatives exist to help with medical decisions without needing guardianship. Advance directives, Maryland's surrogacy law and Medical Power of Attorney are several of the options that will be presented in this workshop.

## The Big Step

### *Moving ahead*

**Tuesday, September 13**

**6:30-7:30 PM**

Planning for the future when you have a child with a disability is a big step. This workshop will give an overview of where to start in the six areas of future planning.

Information and support will be provided to parents to overcome barriers in planning and getting started.

## Alternatives to Guardianship

### *Re-thinking Guardianship*

**Tuesday, October 11**

**6:30-7:30 PM**

Filing for guardianship can be costly, time consuming and complicated. This workshop will present other options that are available to families.



To check the status of a workshop during inclement weather go to [www.arccf.org](http://www.arccf.org).