

# **Frederick Brain Injury Support Group 2026 Schedule**

This support group is for people who have sustained a brain injury. The meetings provide an opportunity to socialize, learn new information, meet others and receive encouragement.

Friends, family, and caregivers are more than welcome to attend.

**Meetings are held in person on the first Tuesday of the month.**

**6:30 p.m. - 8:00 p.m.**

- **Tuesday, January 6, 2026**
- **Tuesday, February 3, 2026**
- **Tuesday, March 3, 2026**
- **Tuesday, April 7, 2026**
- **Tuesday, May 5, 2026**
- **Tuesday, June 2, 2026**
- **Tuesday, July 7, 2026**
- **Tuesday, August 4, 2026**
- **Tuesday, September 1, 2026**
- **Tuesday, October 6, 2026**
- **Tuesday, November 3, 2026**
- **Tuesday, December 1, 2026**

**Location:**

**The Arc of Frederick County**

**620-A Research Court**

**Frederick, MD 21703**

**301-663-0909**

For more information regarding the group, please contact:

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