



Notable Progressions is hosting a Drum Circle

Each individual person is an example of our natural reliance on rhythm. From our heartbeat to our gait, our lives occur in predictable rhythm. In this experiential class, you will explore a variety of drumming skills and techniques.



Date: November 15, 2016

Price: \$10.00 per person

Location : The Arc at Market Street
555 South Market Street Frederick , MD 21701

Time: 6:00-7:00 PM

To Register: Contact Bridget@301.663.0909 #121 or
Bpatterson@arcfc.org