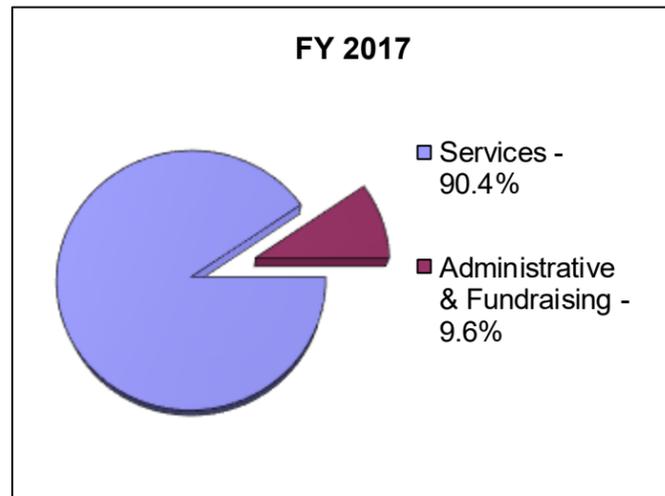


## The Arc of Frederick County

### Annual Report FY 2017 (July 1, 2016—June 30, 2017)

<b>Charitable Income:</b>	
Contributions	\$ 207,087
Special Events	8,642
<b>Total Charitable Income</b>	<b>\$ 215,729</b>
<b>Government Revenue:</b>	
MD State	\$ 6,520,056
Frederick County Schools	155,600
Frederick County	24,000
<b>Total Government Revenue</b>	<b>\$ 6,699,656</b>
<b>Expenses:</b>	
Personnel	\$ 5,451,298
Purchase of Services	177,818
Occupancy	430,201
Other Operating Expenses	473,967
Equipment Acquisition	46,866
<b>Total</b>	<b>\$ 6,580,150</b>



All information is summarized from The Arc of Frederick County's fiscal year 2017 audit. The complete audit is available for review at The Arc's office and also at Mullen, Sondberg, Wimbish, and Stone, P.A.

### FY 2017 Board of Directors

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620-A Research Court  
Frederick, MD 21703  
301-663-0909  
www.arcfc.org

#### Mission Statement:

The Arc of Frederick County helps people with developmental disabilities to live enviable lives. Enviable lives are the loves we all lead, filled with purpose and meaning, and with friends and family. This is accomplished by providing services and advocacy, and creating supportive communities.

## Bringing Communities Together



The Arc.  
of Frederick County



## Individuals and Families

The Arc's founding members believed that people with disabilities and their families should guide current and future services. They believed that person-to-person connections were a cornerstone in making sure that natural supports were primary as organizational supports fill in the gaps to keep families together. The Arc continues this model through our individualized Support Coordination services.



## The Arc at Market Street

The Arc's Day Services coordinate support so that people with significant developmental disabilities can access and meaningfully participate in the Frederick community. In FY 2017, The Arc's Day Services have expanded to serve nineteen people in Frederick County. Services and individually based caring staff from The Arc assist people to explore their interests and become a part of the vibrant downtown community.



The Arc at Market Street's event space provides the opportunity for the greater Frederick community to come together. Community events are set up and catered by students currently in or by students who have graduated from The Arc's culinary training programs. In 2017, Frederick County Public Schools, The Rotary Clubs of Frederick, DoGood-ers, and other organizations rented space to support The Arc's training programs.

Training programs at Charlotte's Coffee House provide essential employment skills for people to enter the workforce. The culi-

nary training program prepares students to work as part of teams learning food preparation, baking, cooking, and sanitation as they work in both an electric and gas kitchen. Customer service and hospitality skills are honed in the front of the coffee house while working on the cash register, serving food, taking phone orders, and creating an enjoyable atmosphere. Students leave the 13 week program prepared to enter the Frederick workforce.



## Memorial Donations

*In FY 2017,  
donations were made in  
memory of:*

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Larry Cooling  
Clara Cooper  
Joe Griffith  
Rabbi Morris Kosman  
Josephine Lamb  
Nick Pennington*

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## Unity Campaign Donations Made in Memory of:

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Myron W. Randall, Sr.  
Angela Tyson  
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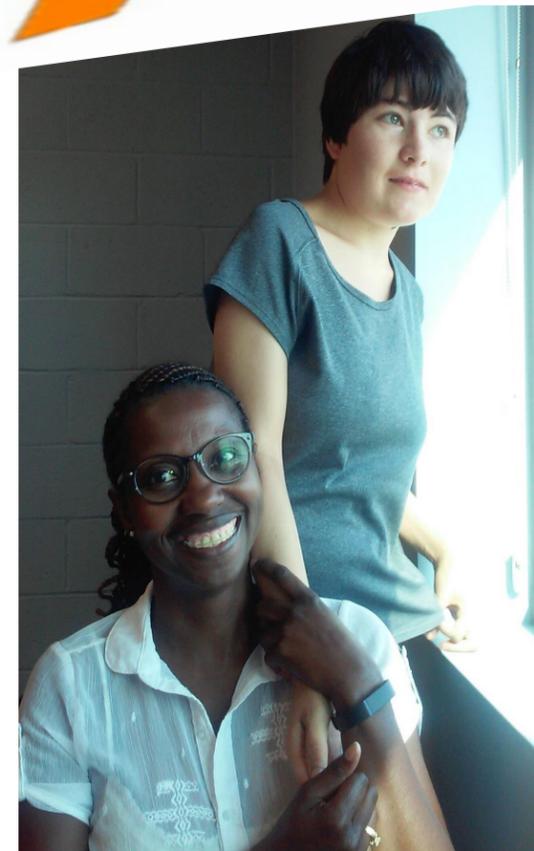
## Support Coordinators

Support Coordinators from The Arc serve as navigators for people with developmental disabilities and their families. Support Coordinators partner with people to locate community supports. Where services do not exist, Support Coordinators collaborate with community members, organizations, businesses, and schools to bring communities together to support people with developmental disabilities to be fully included in Frederick County.



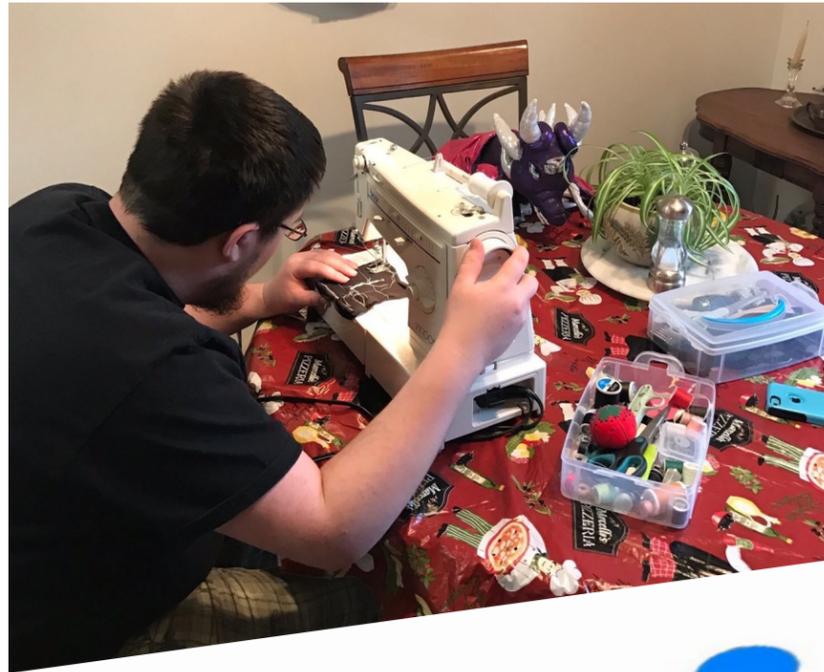
## Volunteers

Volunteer support is especially critical to people served by The Arc. While The Arc is able to serve 343 people through Medicaid and other government funding, people often linger on waiting lists for DDA, Autism Waiver, housing, and other needed services. Generous volunteers who provide one-to-one support, assist in our office, organize fundraisers, and support The Arc to raise awareness in the community are crucial to The Arc. We would like to thank The Arc's volunteers who provided 2,238 hours of volunteer support in FY 2017.



## Partnerships

Support Coordinators partner with each person we serve to assist them with developing an individual plan and helping them access the services they identify in their plan. In cooperative partnerships, staff from The Arc, people we serve, and family members share responsibilities. For example, Support Coordinators helped 252 people work with 300 Residential and Job Coaches in FY 2017. Coaches support people to live in their own homes, participate in their communities, and work jobs earning paychecks to sustain a meaningful life in the community. When people work as partners, more is accomplished.



**Educational Advocacy** – Support Coordinators from The Arc participate in Individual Education Program and other school meetings to support students to obtain the services they need to meaningfully access public school and extra circular activities.

**Support Group for People with Traumatic Brain Injuries** – Over 15 people with Traumatic Brain Injuries attend this group on a monthly basis to receive individual support, information, and strengthen advocacy skills.



## Community Services

**Information and Referral Services** are available to anyone who contacts The Arc and has a developmental disability, is a family member of a person with a disability, or is a community member who is looking for a partner to help make the Frederick community more inclusive. In FY 2017, The Arc supported 234 people through our Information and Referral services. While some of those individuals have received assistance from The Arc in the past, 136 new people received support in FY 2017.



**Moms' Support Group**—14 moms shared their experiences, made friends, and learned of resources in this monthly group specifically for mothers. An additional **Parent Support Group** is held each month for all caregivers.

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**We thank all of our members and donors for helping us continue our work to support people with intellectual and developmental disabilities and their families during FY 2017 (July 1, 2016—June 30, 2017)**

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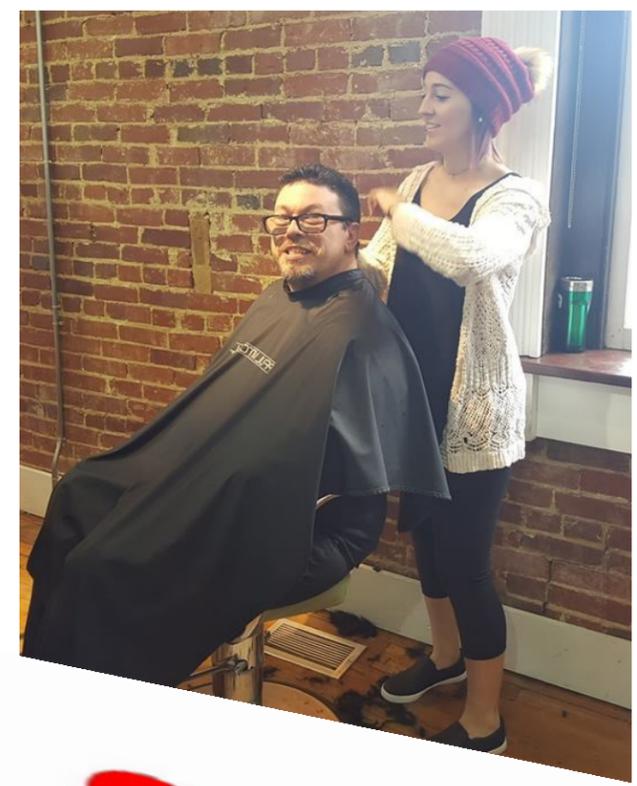
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**Sibshops** – Your siblings are likely to be your longest lifetime allies. The Arc facilitates monthly Sibshops so brothers and sisters of children with disabilities can have a positive environment to express their joys and concerns and also have an understanding of the resources that are available to them as siblings. Between 5 and 8 siblings attend this group each month.

**Parents' Day Out** – Each month, parents receive respite care as their children with and without disabilities participate in a variety of fun activities with volunteers from The Arc. Up to 15 children with disabilities and their siblings access this program on a monthly basis.



**Hispanic Outreach and Parent Support Groups** – Over 40 families whose primary language is Spanish received assistance through support groups, connections to resources, educational advocacy, and other navigation services.

**Futures and Estate Planning and Letter of Intent Seminars** – Support Coordinators met with more than 40 families to provide assistance with planning for who will be the next caregiver when the primary caregiver is no longer able to provide support. Additionally, over 20 people received support through emails or phone calls. A total of 71 people attended community presentations and workshops on the topic.

**School Inclusion Trainings** – The Arc partnered with 16 Frederick County Public Schools to offer trainings to promote school wide inclusion, help students build friendships, answer questions, and prevent bullying.