

The Arc's Hispanic Outreach Program



The Arc of Frederick County's services are dynamic to meet the various needs of the Frederick community. To connect with the growing Spanish speaking population in Frederick County, The Arc offers Hispanic Outreach services. These services are specifically tailored to an individual and family's needs.

The Arc's Hispanic Outreach services are provided by Rosa Raez. Rosa is a new Support Coordinator with The Arc and will be continuing the same services offered by former Support Coordinator, David Moreno. David has provided training and consultation to Rosa and The Arc is happy to offer a seamless transition for the Spanish speaking community.

Rosa is from Peru and has lived in the United States for 6 years. Having come to the United States as a young adult, Rosa understands the challenges of learning a new language as well as assimilating to a new culture. Her own experiences have led her to earn an Associate's Degree in Spanish Education and what brings her to The Arc.

"I have been given the opportunity to work as a Hispanic Outreach Support Coordinator and I hope to be of a great help for all those families that not only have to learn to adjust to their family member's disability, but also have to learn to navigate through social services systems while having a language barrier," Rosa says.

Rosa will continue to facilitate The Arc's Hispanic Family Support Group which will meet the last Saturday of each month at 1:00 pm at The Arc at Market Street 555 S. Market Street location. The group serves as a way to connect and empower families much in the same way the founding members of The Arc came together to initiate services sixty years ago. In addition to the monthly support group, Rosa will offer individual and family support to connect individuals to resources, help to problem solve, and provide advocacy.

To connect with Rosa, please contact her at (301) 663-0909 x 151 or rraez@arcfc.org.

We wanted to show you the morning glory flower tunnel at The Arc at Market Street! It has really beautified the grounds!



Are you interested in volunteering your time? The Arc of Frederick County has a wide variety of volunteer opportunities that can fit different schedules! Here are some of our current opportunities:

Front Desk Volunteer

We are looking for one or two more volunteers to assist us at our front desk to greet visitors and transfer incoming phone calls. We have shifts available on Mondays, Wednesdays, and Fridays from 1:00-5:00 and also Tuesdays from 2:00-5:00.

Volunteers for our monthly Parents' Day Out Program

One Saturday per month, we provide 4 hours of respite time for parents and children. This is a great opportunity for teens, college students, and adults to help children with disabilities while having fun in a supervised setting. Organized group hosting activities such as, dance, theatre, or music, are welcome, as well.

One-to-One

this opportunity consists of becoming involved in the life of someone we serve on a regular basis. You could go to the movies, shopping, library, or sight seeing. You could even just sit in the park enjoying each other's company.

To view a complete listing and/or to apply, please visit www.arcfc.org! We look forward to hearing from you.

Join Us at Charlotte's Coffee House for coffee, tea, baked goods, and lunch!

Charlotte's Coffee House is open

Wednesday through Friday from 11:00 am– 3:00pm.

Located at 555 South Market Street in Frederick

(enter from Stadium Drive, right next to the Keys).

There are several comfortable rooms to dine-in, and if the weather is this nice, feel free to enjoy your food and drinks on our patio tables.

Hope to see you there!





The Arc at Market Street is home to a large banquet hall which is great for business luncheons, dinners, bridal or baby showers, retirement events and more!

We can hold up to 300 guests and we do require catering from The Arc of Frederick County's Culinary Program. The Arc can provide round tables with chairs, linens, and A/V equipment for your upcoming event.

For pricing and booking inquiries, please contact Shauna Mulcahy at The Arc at 301-663-0909 ext. 140 or smulcahy@arcfc.org

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*Thank
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See our website for a listing
of upcoming events



thearcoffrederickcounty.blogspot.com



Achieve with us.