## Transition from School

## ADDITIONAL RESOURCES

Look at The Arc of Frederick County
website
(www.arcfc.org) for more detailed
information on transition and adult
services.

For more information on topics discussed in this fact sheet, contact

The Arc of Frederick County.

Phone: 301-663-0909

www.arcfc.org



## Timeline for Transitioning Youth Services Middle School

- During middle school years, request an application for services from Developmental Disabilities Administration to be identified for future adult services. Call 888-791-0193 (Western Region), 877-874-2494 (Central Region), or 888-207-2479 (Southern Region) to request an application.
- Start thinking about your child's current and emerging skills and interests to discuss with the Individual Education Plan (IEP) team. For example, what recreational and hobby activities or academic interests could be applied to future employment.
- Request a Guide to Services from The Arc of Frederick County, this lists all vocational and support service agencies in your county. Familiarize yourself with agencies to discuss at Transitioning IEP meetings.
- Encourage your child to increase their responsibility for their health and personal care needs. Also, encourage your child to recognize the "danger signs" associated with their condition and who to seek out for medical care.

These Fact Sheets are designed to provide general information only and are not designed to substitute for the assistance of a Service Coordinator or Support Coordinator.