

Support Coordination

Choice and self-determination, with caring, clinical expertise to make navigating and creating supports in one's community meaningful and easier for families.


The Arc[®]
of Frederick County

People and their families do not need to navigate the maze of meaningful days, locating and maintaining employment, accessing benefits, and building a team of direct coaches to support living in their community alone.

You've already partnered with your family doctor, early intervention therapists, school staff, and other professionals who guided you through your loved one's education and formative years.

Allow The Arc of Frederick County to partner with you and your family as your child's journey to adulthood begins. With over 65 years as a trusted, knowledgeable and caring resource, The Arc's Support Coordinators are trained as employment specialists and professional community navigators.

The Arc's individualized services follow the natural rhythm of life. As a step towards independence, it is natural for individuals to make their own life decisions as family and natural supports guide them. The Arc can help foster this growth, while allowing family and friends to provide assistance without taking on all the clinic responsibilities that come along with accessing state services.

You've most likely accessed The Arc's Support Coordination at various point already, such as assistance with Futures and Estate Planning, school advocacy, Sibshops, Parents' Day Out, parent support groups, informative trainings, or individualized support you've needed for your family. Allow The Arc of Frederick County to continue to be the trusted, knowledgeable resource you've relied on.

The Arc's Support Coordinators are here to partner with you as you access supports from The Developmental Disabilities Administration and other funding sources that will sustain your vision for your child's adult life now and into the future!

For more information, please call 301-663-0909 or visit arcfc.org.

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Support Coordinators from The Arc of Frederick County assist people in leading lives of their own choosing by working to build a circle of supports that provides advocacy, and helps to identify natural supports, build safety nets, and locate or create needed services in the community. Support Coordinators help individuals locate ongoing long term supports by working on a one-to-one basis with each individual and by partnering with other community agencies.

Support Coordinators can help individuals and families by:

- ◆ Providing community education to promote inclusion.
- ◆ Developing job supports for community employment.
- ◆ Advocating for access to services.
- ◆ Resolving specific disability related issues.
- ◆ Facilitating support groups for people we serve, their parents, and siblings.
- ◆ Locating needed resources in the community.
- ◆ Creating services and supports that currently do not exist.
- ◆ Referring individuals to financial resources.
- ◆ Navigating through community benefit programs.

Supports offered are person centered and designed and implemented in a way that promotes families and individuals having a greater control over their lives and services they receive. Support Coordination is available for people of any age. This support can be a one time service or it can continue as a lifelong support.

**For more information, please contact The Arc of Frederick County
at 301-663-0909 or visit us at www.arcfc.org.**