

WE GOT SKILLS NEWSLETTER

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We Got Skills

Volume 5, Issue 5

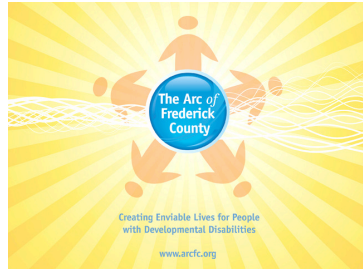
Summer 2011

Inside this issue:

Mapping Out A Hobby	2
Map c'ntd, Bon Apetit!	3
Summer Activities/Events	4
Eggplant Parm. Recipe	Insert

It's a Takeover!

As promised in the last newsletter, this edition of "We Got Skills" has been written and produced by several individuals with assistance from their skills educators/job coaches. It's a great issue! Hope you enjoy it, maybe get some good ideas to use, or even decide to write an article about what great things you are doing to share and "toot your horn".



Activities & Events Summer 2011

June 4 - July 24—THE ANNUAL JURIED EXHIBIT at The Delaplaine, Frederick, www.delaplaine.org, (301) 698-0656

July 1 & 2—The Comedy Pigs, Frederick at Maryland Ensemble Theatre, www.marylandensemble.org, (301) 694-4744

July 1, 2011—City of Brunswick Independence Day Celebration in Brunswick. www.brunswickmd.gov (240) 508-3049

July 2—Independence Weekend at The Market, off Baughman's Lane. Family events including an Old Fashioned Kids Bike Parade for kids 3-10, decorate your bikes for 4th of July and join the parade at 11am for Most Patriotic Bike prizes! Music by Jimi Cupino Project. Specials, contest, activities by farm vendors. 10am-1pm.

July 4—Frederick's 4th - An Independence Day Celebration, at Baker Park. www.celebratefrederick.com, (301) 600-2489

July 7—Summerfest Family Theatre at Baker Park Bandshell. www.celebratefrederick.com, (301) 600-2.

July 8—Star-Spangled Fireworks Special in Walkersville. www.wsrr.org, (301) 898-08.99.

July 9—10—Civil War Encampment at Rose Hill Manor Park. www.rosehillmuseum.com, (301) 600-1650.

July 16—Candlelight Ghost Tours of Frederick in front of Brewers Alley

RESTAURANT. www.marylandghosttours.com, (240) 626-0963.

July 24—PABLO ANTONIO Y LA FIRMA at Baker Park Bandshell. www.celebratefrederick.com, (301) 600-2489.

August 6—Beach Part in Brunswick at Citizen Lot. www.brunswickmainstreet.org, (301) 834-5591.

August 6—Vintage VW Meet at Everedy Square. www.everedysquare.com, (301) 662-4140.

First Sunday of Every Month—CARILLON RECITAL at Joseph Dill Baker Carillon in Baker Park. www.cityoffrederick.com/cms/home/index.php, (301) 846-4781.

August 11—Summerfest Family Theatre in the Baker Park Bandshell. www.celebratefrederick.com, (301) 600-2.

August 13—Johnsville Ruritan Club Community Yard Sale and Garden Tractor Pull. Fried chicken platters, homemade pies and cakes, crafts and music. 10am-4pm, (410) 775-0169.

August 26—Family Movie Night in the Park in Middletown. www.middletown.md.us, (301) 371-6171.

September 3—First Saturday Gallery Exhibit Opening in Frederick. www.frederickartscouncil.org, (301) 662-4190.

Taking Time To Thank Our Veterans and Fathers



Molly Saunders

Written by: Molly Saunders and Terri Taylor

Hello Everyone!

My name is **Molly Saunders**, and I will be volunteering my services for the Arc "We Got Skills" Newsletter starting with this edition. My theme for this edition is to say "THANK YOU" to the people in the U.S. Armed Services who serve and have served our country to preserve our Freedom, Security, and Standing in the world as the "Land of the Free and the home of the Brave".

I was honored to interview two individuals I know personally who have served our great nation with Distinguished Honors and great Dedication and Service. The first person I had the pleasure to interview was **Mr. Jim Olson** who is a member of my church. Mr. Olson's service and dedication to our great nation has spanned over four decades. Jim's specialty is in the Medical Research division of the U.S. Army. His body of work and achievements involve the

research to improve Medical Techniques/Procedures/Technologies. Through his many years of honored service, Jim's work has saved countless lives of our troops and their supporting teams all over the world. Jim currently serves as the "Executive Officer for for the Principal Assistant of Research and Technology" located within Fort Detrick, MD. Jim and his family have lived all over the world in order for him to complete his body of work in the Medical Research field for our brave troops. Jim stated that his motivation was "to save more lives of our troops" and that he has most certainly accomplished during the last nearly 40 years! Jim has dedicated his entire adult life to serving our country and for that I would like to say a very heartfelt and sincere "THANK YOU JIM"!

The second person I had the honor to interview was **Mr. Ronald Kelsy**, who is the father of Grant Kelsy. I know Mr. Kelsy via him and his son, Grant, attending Arc/FC Events & Functions here in Frederick, MD. It has been wonderful to know both Ron and Grant. Ron's distinguished career and service to our country spanned from 1965 to 1992. (continued on page 2)

Taking Time.....continued

In 1967, Ron served a one year tour in the Vietnam War. Ron and his family have lived all over the world in his quest to serve to our nation in various and important roles. His specialty was the Civil/Environmental Engineering division of the U.S. Army that dealt with the design, construction, and maintenance of the physical and naturally built environment, including works such as Bridges, Roads, Canals, Dams, and Military Building/Facilities. Through Ron's expertise in this field, he has assisted in the creation of much safer and stronger structures to protect our troops and their support teams worldwide. Ron's last position served before he retired after an extremely distinguished and honored U.S Army career was as "Chief, U.S. Army Europe Environmental Office, HQ, US Army Europe & 7th Army, Office of the Deputy Chief of Staff, Engineer".

Along with Ron's great service to our nation he has also been a great Advocate for his extraordinary son, Grant. With Ron's guidance and dedi-

cation Grant graduated from Frederick High School with Honors and is now working on finishing his college career, also with Ron's assistance and guidance. Ron stated that his motivation to serve his country was to create a "safer environment" in order to save the lives of our brave troops and support teams. Ron has dedicated nearly three decades of his adult life serving our country and for that I would also like to say a very heartfelt and sincere "THANK YOU RON!"

In addition, I would like to say **HAPPY FATHER'S DAY** to both Jim and Ron! HATS OFF to both of you for your very distinguished careers in the U.S. Army serving our great nation, as well as your many roles in the saving of countless lives of our troops and specials teams all over the world.....for making this world a safer and better place to live by your body of work.....and for being two of the best Dad's I have had the honor to know over the years!



Mapping Out a Hobby



Written by: Mark Randolph and Tom Bolthouse



Mark Randolph

Hi... My name is Mark Randolph. Many people know me through the Arc. I like to dance, meet with old friends, make new friends, and over the past year I have taken a number of classes at Frederick Community College. But, do you know what I like to do as a hobby? I like to make maps of places I've gone to and of things I've seen with my family and friends. I also like to make maps of places I plan to visit and of things I'd like to do and see. This helps me plan and keeps me excited about what I'm going to be doing on my next trip.

The maps I make are not like the maps that you normally see, like the paper ones that are all folded up with roads and highways on them. My maps are documents of what is along the way if you travel north, south, east or west on any of the roads and highways in Maryland or surrounding states. My maps display the road signs and exit points along the routes that I create. They show what you will find; like places to eat, places to get gasoline, and attractions like parks, historical sites, places to shop, and what TV and radio stations are available in the area. I even show you what exit you must take to find these things.

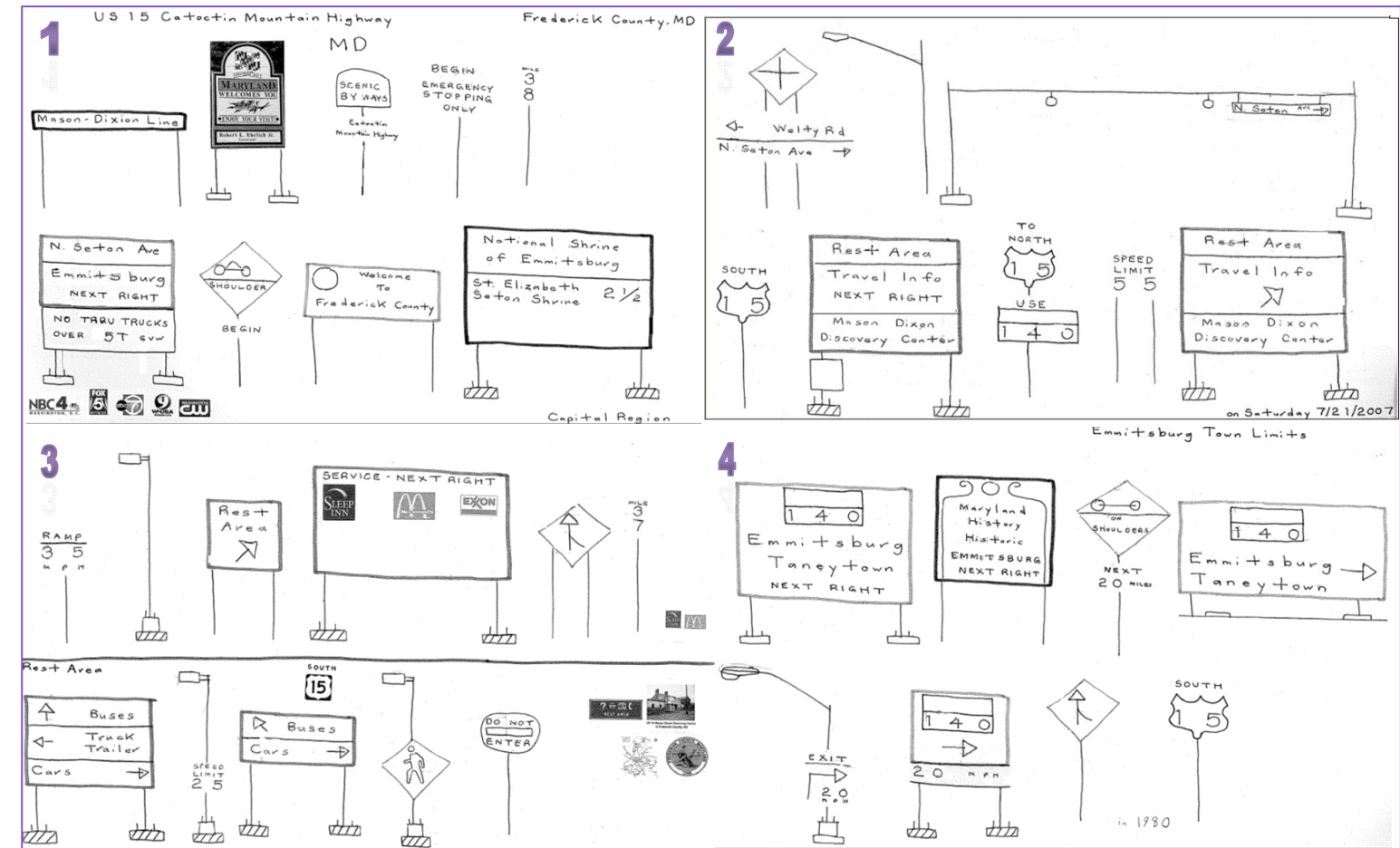
Last fall, I went on a service trip to Philadelphia with a group from FCC. I documented the route we took to get there and for the way back home. I have taken many trips with my family and friends all around Maryland and out of state and have documented where I've gone, how I got there, and what things can be seen along the way. By making my maps, I'm able to keep a visual record of the things we saw, when we were there, and what we did. Maybe I can show some of them to you sometime.

I enjoy mapping very much and have a knack for remembering things. So, if you were to ask me how to get somewhere, I can tell you, very accurately and off the top of my head, what route to take, what exit you will take to get to where you are going, and what you can see and do (continued on page 3)

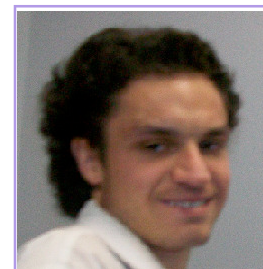
Mapping Out.....continued

along the way. It's what I like to do and find it enjoyable. Try it out... Just ask me sometime!! If you are planning to go somewhere, I can help you plan your trip. I might even be able to make one of my maps so you will know where to eat, get gas, what to see, and even where there are places to stay if your trip will be overnight. Thanks for letting me tell you a little bit about me!!

Below is Mark's hand drawn map of US-15 through Emmitsburg



Bon Appetit!



Slava Sprow

Slava Sprow would like to work as a food preparation cook in a nursing home or restaurant. He and Jimmy Galante, his cooking instructor/skills educator work weekly

on food preparation skills and make wonderful things to eat! They are also making a "cookbook" of the recipes as they make them. See our insert for Slava's recipe for Eggplant Parmesan! Yum!

Recipe by Slava Sprow and Jimmy Galante