



Creating Enviably Lives for People with
Developmental Disabilities.

Training Opportunities 2010

July 6, 2010

RSVP by July 1

“Strategies and Techniques of Behavior Management” -6-9 PM

July 12, 2010

RSVP by July 6

**“Principles of Behavior Change & Programming” &
“The Aging Process & Special Needs of The Elderly” -6-8 PM**

July 15, 2010

RSVP by July 8

**“General Characteristics of Individuals Served” -6-7 PM
“Fundamental Rights” -7-8 PM**

July 22, 2010

RSVP by July 15

“Seizure Recognition & First Aid” -5:30-7:30 PM

July 29, 2010

RSVP by July 22

**“Self Determination and Supporting Individuals & Families In
Making Choices” -6-7 PM**

“Individual Directed Outcome Planning” -7-8 PM

August 5, 2010

RSVP by July 29

“Community Integration & Inclusion” -5:30– 6:30 PM

“Communication Skills” -6:30-7:30 PM

**“Communicable Diseases & Universal Precautions”
-7:30-8:30 PM**

August 5, 2010

**“Customized Employment—it works! Held at TransCen Inc,
Rockville, MD. FMI: KBalint@dhmh.state.md.us -9AM-4 PM**

MARK YOUR CALENDAR

And RSVP Today ~ All Trainings Held At:

The Arc of Frederick County

620-A Research Drive, Frederick, MD 21703

301.663.0909 ext 34

The Arc is a member of
The United Way of
Frederick County



2010

CPR & First Aid Training



American Red Cross
2 East Frederick Street
Walkersville MD 21793

CPR/AED -\$72

Standard First Aid w/ CPR/AED-Adult-\$70

In this 6.5 hour course, participants learn to recognize and care for choking and cardiac emergencies in adults, and identify and care for bleeding emergencies, fractures, sudden illness, and poisoning. Course includes choking, CPR, use of

In this 6.5 hour course, participants learn how to recognize and care for breathing and cardiac emergencies of adults, children and infants. Includes rescue breathing (for child and infant), choking, CPR and use of AED for adults.

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|--------------|-----------------|
| July 15 | 9:00 AM—4:30 PM |
| July 31 | 8:30 AM—4:00 PM |
| August 7 | 8:30 AM—4:00 PM |
| August 19 | 9:00 AM—4:30 PM |
| September 11 | 8:30 AM—4:00 PM |
| September 16 | 9:00 AM—4:30 PM |

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|-----------|------------------|
| July 10 | 8:30 AM—1:00 PM |
| July 15 | 9:00 AM—1:30 PM |
| July 31 | 8:30 AM—1:00 PM |
| August 5 | 9:00 AM—1:30 PM |
| August 7 | 8:30 AM—1:00 PM |
| August 10 | 6:00 PM—10:30 PM |
| August 19 | 9:00 AM—1:30 PM |
| August 21 | 8:30 AM—1:00 PM |

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|--------------|------------------|
| September 2 | 9:00 AM—1:30 PM |
| September 11 | 8:30 AM—1:00 PM |
| September 16 | 9:00 AM—1:30 PM |
| September 21 | 6:00 PM—10:30 PM |

- *Call 301.662.5131 to register for your class of choice*
- *Be sure to let them know that The Arc of Frederick County is paying*
- *Call Chris at The Arc at 301.663.0909 ext 34 to let her know you have registered.*

Thank you!